



Relationships, Sex and Health Education – Update Letter for Parents and Carers

Dear Parents and Carers,

As part of our PSHE provision to pupils, we deliver a comprehensive Relationships and Health Education curriculum. We ensure that all statutory objectives are adequately covered so that all children learn about different relationships, different families, physical/mental health and wellbeing and staying safe. **This will be taught to all year groups from year 1 – year 6. EYFS follow the Personal, Social and Emotional Development objectives of Development Matters and the Early Learning Goals.** Children will also learn about puberty and their changing bodies. **At our school, this learning takes place in years 5 and 6.**

Parents and carers do not have the right to withdraw their children from lessons that cover statutory Relationships and Health Education objectives. Nor do they have the right to withdraw their child from lessons that cover national curriculum science objectives. This includes all the information on puberty and how the human body changes.

In line with best practice, we also deliver supplementary Sex Education content. These lessons include learning about human reproduction and sexual relationships. **This content is covered in year 6.**

Parents and carers do have the right to withdraw their child from lessons covering this non-statutory content. However, we would urge any parents and carers considering withdrawing their child from these lessons to consider what is being taught, how it is being taught and how important this education is for all children. Primary Sex Education ensures children have the knowledge to keep them safe and prepares them for statutory Sex Education in KS3. **We invite you to contact Mrs Benetatos at karen.benetatos@sthelens.org.uk if you would like to know more about our curriculum and the resources we use – we will be very happy to talk through any concerns you may have.**

Our Relationships, Health and Sex Education is fully inclusive to meet the needs of all our pupils. We fully believe that all children should learn about these important life skills in an open, honest and safe environment. We also believe that they should be taught in an age-appropriate and engaging way.

We encourage parents and carers to view our Relationships and Health Education Policy and scheme of work which includes Heartsmart, Picture News, Natterhub (Online Safety) and the Kidsafe programme. **These can be found on the school website <https://www.billingestaidans.co.uk/page/rhe/76835>.** We believe it is important to have a strong partnership with parents and carers and will always communicate what is being taught when.

Any children who are withdrawn from lessons covering non-statutory content will be provided with alternative learning in another learning space.

Yours faithfully,

Mrs K Benetatos

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