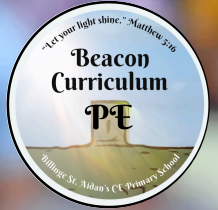


# Year 1 - Kwik Cricket - HT5



**Prior Learning:** In Early years, children began to develop fundamentals of movement e.g. walking, running, jumping, hopping, skipping. They began to throw and catch a tennis ball.

## Physical Me

**Throw** - Underarm, overarm, rolling

**Catch** - On their own/in pairs

**Running**- when fielding  
- scoring runs

**Co-ordination** -Hand-eye (catching and hitting the ball)  
- Throwing at a target

**Balance**- when throwing and catching

## Key Skills

### Thinking Me

- To improve my performance

### Value Me:

- Determination  
Try, try, try again!

### Social Me

- Take it in turns

## Cricket Fun Facts

Cricket is a striking and fielding game.

Cricket is a sport which is played between two teams of eleven players each.

One team, which is batting, tries to score runs, while the other team is fielding, and tries to prevent this.

## Key Vocabulary

Rolling

Catch

Bat

Control

Release

Safety

Tee

Target

Cradle

## Key Knowledge

**Catch** - Watch the ball, make a basket with your hands when you catch and cradle the ball

**Underarm throw**- Opposite arm and opposite leg, point to where you want the ball to go.

**Tee**- is an object that elevates the ball and helps you when batting

**Rolling**- Step forward, use opposite arm and opposite leg  
- Point non rolling hand towards the target  
- Release the ball, pointing fingers towards the target



## Striking and Fielding Games have...

### Strikers

- Aim to score points/runs when a player strikes/hits a ball

- Runs to or between designated areas to score points

### Fielders

- Aim to limit the number of points/ runs that stop the striker scoring

- Aim to get the batter out!

I can statements	✓ X
Rolling and stopping a ball with one/two hands	
Throw and catch a ball with some control	
Bowl underarm towards a target	
Hit a ball off a tee using various bats	
Play a modified game hitting off a tee	
Small-sided adapted games. Begin to develop tactics for striking and fielding	

Anything else you have learnt? What have you enjoyed?