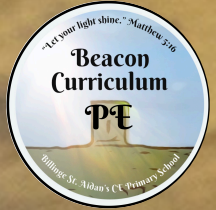


Year 1 - Outdoor & Adventurous - HT6



Prior Learning: If children took part in year 1, they were introduced to some activities in pairs, learning how to work together with a partner and in small groups. They were encouraged to work as a team to solve problems/tasks. They were also introduced to orienteering and used the co-ordinates North, South, East and West.

Key Skills

Physical Me

- Co-ordination
- Jump, step, hop
- Balance
- Walk, run, jog

Value Me:

- Teamwork
- Friendship

Social Me

- Co-operation
- Encouraging others
- Communicate
- Caring
- Taking turns

Thinking Me

- Problem solving

Key Vocabulary

Map

North

South

East

West

Team

Obstacle

Decision

Friendship

Key Knowledge

Map: A picture of an area of land e.g your treasure map.

Compass Points: North, South, East, West.

Decision: Is the action. What you are going to do?

Obstacle: An object you may have to move over, through or around



OAA

Outdoor and adventure activities are fun tasks/games that you can take part in when you are outside.

You will develop lots of qualities: working together, talking, looking after your friends, problem solving and achieving tasks.

It can make you feel really happy when you solve a task together!

I can statements	✓ X
Begin to work with a partner to meet a challenge	
Use communication to guide your partner through a course when blindfolded	
Begin to travel in different directions under instruction, to locate treasure with a partner	
Identify ways of travelling to include hopping, jumping and leaping, whilst using co-ordinates to make maps	
Work as part of a team to match animals to their matching cards	
Continue to develop team skills while attempting to complete a task	

Anything else you have learnt? What have you enjoyed?