

Year 3 - Handball - HT3



Prior Learning: In Year 2 children were introduced to some fundamental handball skills. They learned different ways of throwing and catching. They also played some adapted invasion games and were introduced some handball skills.

Physical Me

Throw

Agility Power

Catch

Balance

Dodge

Co-ordination

Run

Jump

Dribble

Speed

Key Skills

Value Me

- Honesty
- Courage

Thinking Me

- To make decisions in the game
- How can I improve

- ## Social Me
- Communication
 - Encourage
 - Collaboration



Our Handball Rules:

Number of players: 5v5

You have 5 seconds to hold the ball: then you must pass or shoot

Courts: Only allowed goal keeper inside the semi circle

Start of play: Game is started by a 'throw off'

Scoring a goal: A goal is scored by throwing the ball into the oppositions net

After a goal is scored play is restarted by the GK

If the goal keeper saves a ball, play is restarted by the GK

Players are allowed to take 3 steps with the ball.

Travelling - taking more than 3 steps. Free-throw given to the other team.

No dribbling - in Yr 3&4

No Contact - can intercept or block

Key Vocabulary

Ball awareness

Control

Bounce pass

Chest pass

Throw off

Invasion

Intercept

Communicate

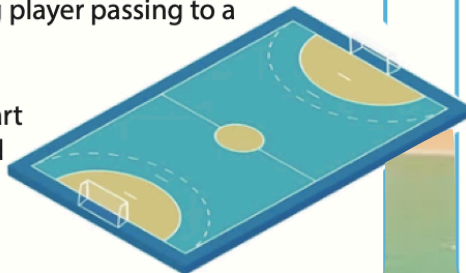
Semi Circle

Key Knowledge

Passing - Chest pass and Bounce pass

Intercept - Stopping an opposing player passing to a teammate

Throw off - This is taken at the start of the first and second half of the game and after scoring (in the middle of the court)



I can statements	✓	✗
Ball Awareness-moving ball around different parts of the body		
Dribbling and bouncing a ball in a variety of ways 'push not pat'		
Pass and receive a handball safely (chest and bounce pass). Pass the ball in a game within 5 seconds		
Scoring a goal (handball simulate e.g through 2 cones) adding a passive Goal keeper		
Introduce footwork through warm ups and games- 3 steps and pass		
Dodge in a conditioned game to get into a space, begin to apply some basic principles suitable for attacking		
Adapted games, begin to apply some basic principles for attacking & defending		
Introduce 3v3 mini basketball or an adapted game. Introduce tip off and key rules		

Anything else you have learnt? What have you enjoyed?