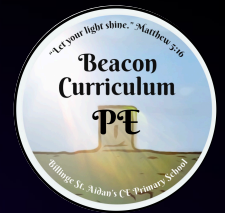


Year 6 - Martial Art Dance - HT2



Prior Learning: In year 5, children continued to master their dance skills and create/choreograph their own dances bringing in key movements unison, canon, levels, space, pathways and direction. They began to refine their dance movements and attempted to perform with precision, control and fluency.

Key Skills

Physical Me:

Co-ordination Skip
Balance Gallop
Agility Jump
Strength Hop
Power Speed
Flexibility Control

Thinking Me

- Evaluate and improve my dancing

Value Me:

- Patience
- Courage
- Creativity

Healthy Me:

- Warm ups
- Pulse raiser
- Cool down

Social Me

- Co-operate with others
- Respect others performing

Key Vocabulary

Transition

Strength

Evaluate

Formations

Expression

Fluency

Space

Evaluate

Key Knowledge

Transition - is a movement, passage, or change from one position to another.

Formation- How you arrange your group e.g. straight line, circle, facing each other etc

Space- How you use the space around you e.g: low, middle and high movements, the shapes you make in space and how you move through the space.
- It is also how you dance with others in the space: e.g. are you close to someone or how far apart you are



Topic Vocabulary

Martial Arts

Capoeira

Strikes

Punches

Kicks

Exercise

Boxing

Self defence

I can statements	✓ X
Co-operate, communicate and collaborate with a group to make up a warm up with good rhythm and timing	
Translate ideas from a stimulus into movement showing expression, precision, control and fluency	
Dance in unison in a group showing good timing, energy and strength	
Dance in canon in a group showing good timing, energy and strength	
Use levels, travelling and space with timing and musicality	

Anything else you have learnt? What have you enjoyed?