



Year 1 - Pulse and rhythm - Term 1

Pop music usually has a strong pulse which means it is easy to dance 'in time' with the music. It often has a simple melody that is easy to sing along to.

Key Vocabulary

Instruments

In time Clapping, dancing, singing or marching at the same speed as the music.

Body percussion You can use your body as an instrument to play in time with the music too.

Pulse The heartbeat of the music. Sometimes called the 'beat'.

Tapping foot
Clapping
Clicking fingers

We can clap along in time, we can move our bodies in time, we can march in time to the beat of the music.

Rhythm A pattern of long and short sounds.

Untuned percussion

Maracas
Drum
Woodblock
Claves
Tambourine
Bells

To know statements	✓ X
To know how to use my voice and hands to make music.	
To know how to clap and play in time to the music.	
To know how to play simple rhythms on an instrument.	
To know how to listen to and repeat short rhythmic patterns.	
To know the difference between pulse and rhythm	

What can you remember from previous units?

Can you make sound with your body?
Can you move in time to a piece of music?

Anything else you have learnt? What have you enjoyed?