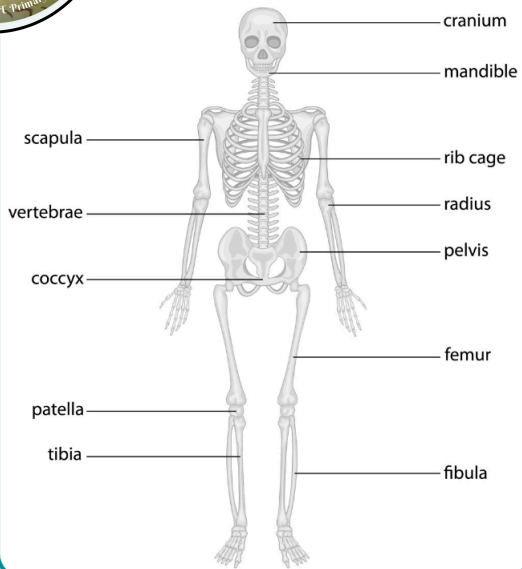
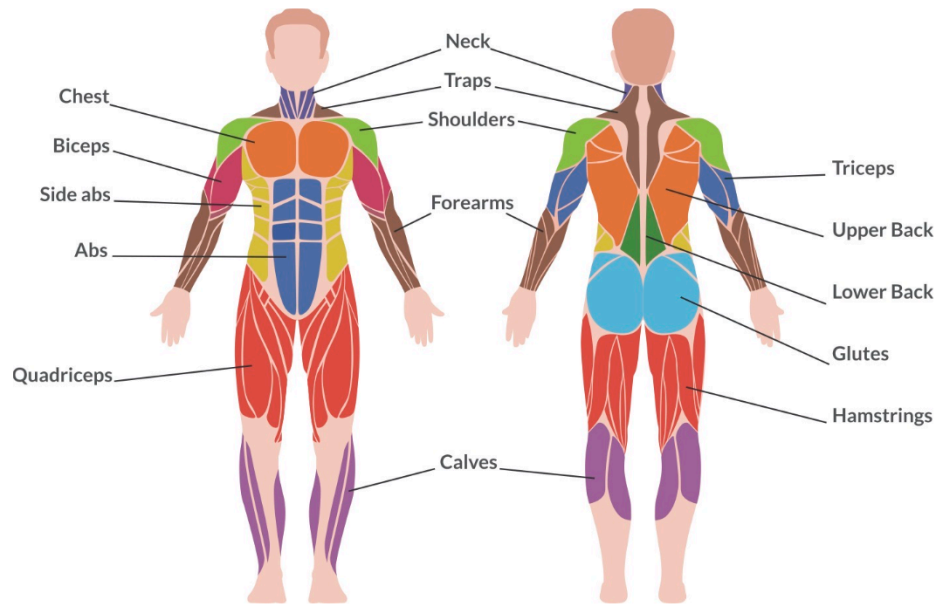


# Year 3 - Animals including Humans - Half Term 1

## Human Skeleton



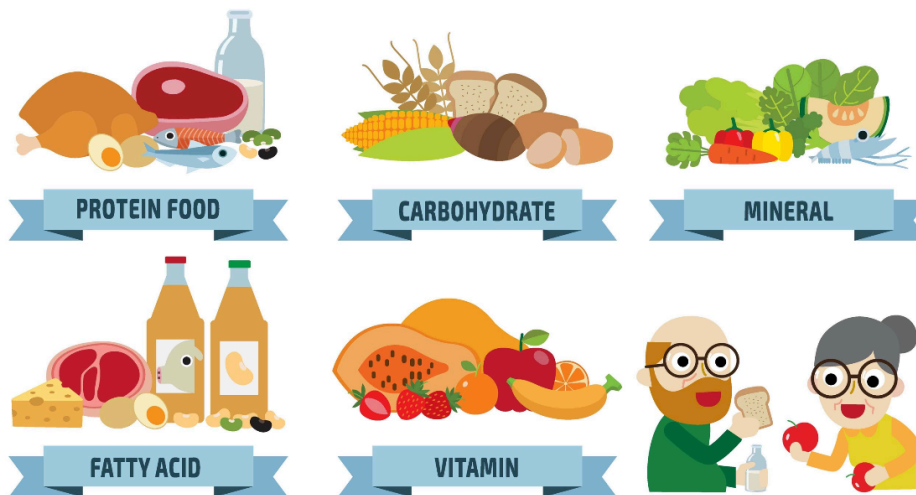
## Human Muscles



## Animal Skeletons



## 5 Food Groups



### Key Vocabulary

vitamin	found in foods and are essential for the body's growth, repair and building immunity
mineral	found in foods and help build strong bones and teeth
nutrition label	gives information about what the food contains
balanced	in good proportion
endoskeleton	animals with skeletons inside their body
exoskeleton	animals with skeletons outside their body
radius	one of the bones found in the lower arm
tibia	one of the bones in the lower leg
rib cage	the structure of bones protecting the lungs and heart
spine	the structure of bones that runs up the centre of the back
hamstrings	muscles that run down the back of the leg
biceps	muscles found in the upper arm

### To know statements



I know about the 5 key food groups.

I know about the nutrition in the food we eat.

I know about the different types of skeletons.

I know about the human skeleton.

I know about other animals and their skeletons.

I know about the role of muscles.

What can you remember from previous units?

What are the basic needs of animals (including humans) for survival?

Can you describe a balanced diet?

Can you describe the benefits of exercise on the body?

Anything else you have learnt? What have you enjoyed?



